

Karen Greene/Lauren Smith: Pregnancy Options Counseling Checklist

The Student:		YES	NO
1.	introduced him/herself		
2.	asked about my use of birth control pills or the ring		
3.	a. told me of the pregnancy test results in a neutral fashion: (the student showed neither excitement or disappointment when delivering the results)		
	b. prior to delivering the results of the pregnancy test the student assessed what I already knew (regarding my “illness” or the tests that were performed) or what I “suspected” was going on.		
	c. prior to delivering the results of the pregnancy test the student gave me a “warning” such as “I have some news that we need to discuss/I have some results that may be unexpected...”		
4.	asked how I felt about the pregnancy		
5.	<i>responded to my silence with one of the actions below:</i> - if so, please indicate below which response/responses the student reacted with		
	a touch		
	naming of my feeling (“I can see that you’re upset/surprised...”)		
	legitimizing my feelings (“it’s understandable/normal...”)		
	further questioning of my thoughts and feelings		
	a patient silence on behalf of the student		
	an offer of support or partnership (“we will get through this/I am going to help you/ I will be here...”)		
6.	acknowledged pregnancy continuation as an option		
7.	explored my beliefs and feelings about pregnancy continuation		
8.	acknowledged abortion as an option		
9.	explored my beliefs and feelings about abortion		



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10.	acknowledged adoption as an option		
11.	explored my beliefs and feelings about adoption		
12.	responded to my “what should <i>I</i> do?” without interjecting his/her own perspective or values		
	If the student did indicate what “you should” do, please explain how they answered:		
13.	responded to my “what would <i>you</i> do?” without interjecting his/her own perspective or values in a way that that felt judgmental		
	If the student did indicate what they might do, please explain what they said: (ex. Did they explain what they would do in their current life situation, or did they explain what they would do if they were in your situation?)		
14.	asked about the effect of my symptoms on my daily life		
15.	communicated well without judgment		
16.	effectively and respectfully closed the encounter		

		Poor	Fair	Good	Very Good	Excellent
17.	Student communicated verbally empathy and support	1	2	3	4	5
18.	Student communicated non-verbally empathy and support	1	2	3	4	5
19.	How would you rate this student’s communication skills?	1	2	3	4	5
20.	How would you rate your satisfaction with this encounter with the student?	1	2	3	4	5
21.	How would you rat the student’s ability to develop a rapport with the patient (based on attentiveness, body language, attitude, empathy and support?)	1	2	3	4	5



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