## Preventing Maternal Mortality: The Role Of Safe Abortion



Philip D. Darney, MD, MSc

**Distinguished Professor** 

Obstetrics, Gynecology and Reproductive Sciences Director, Bixby Center for Global Reproductive Health



advancing health worldwide™





## Objectives

- Describe impact of unintended pregnancy on women's health worldwide
- Identify the most effective interventions to reduce maternal mortality
- Understand the role of abortion services in reducing maternal mortality





# Women are critical to health and development worldwide.

- A woman's death increases her children's risk of death by ten times.
- Women produce 80% of Africa's food and are 70% of the labor force.
- Women's unpaid work accounts for one third of world GDP.
- Women run the majority of businesses and farms in developing countries.





# Death Probabilities of UK Citizens, Selected Activities, 2010

#### Activity

Pregnancy

General Anesthesia

Hang gliding

Scuba diving

Rock climbing

Canoeing

Fairground rides

Rail travel

Air travel

No. events per 1 death

8,200 pregnancies

185,000 operations

116,000 flights

200,000 dives

320,000 climbs

720,000 outings

834,000 rides

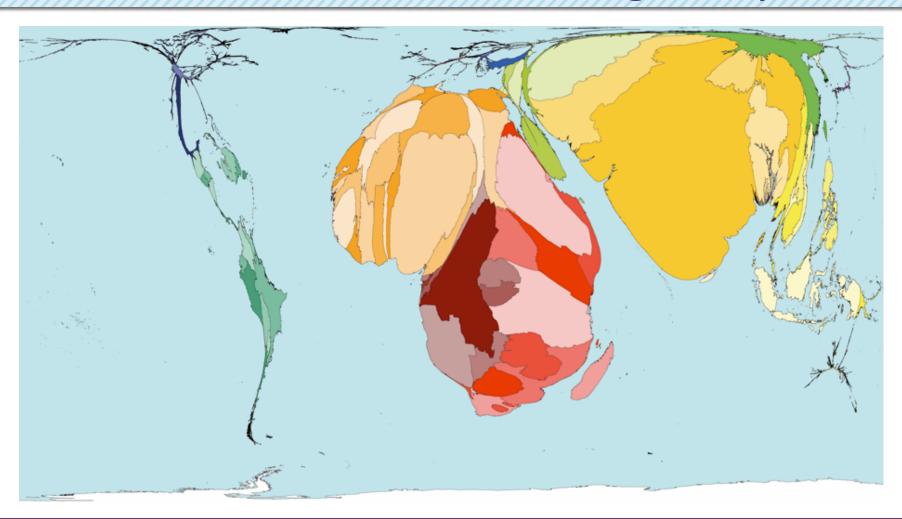
43 million journeys

125 million flights





## Deaths of Women from Pregnancy







# Causes of 358,000 Maternal Deaths World Wide in 2008

Hemorrhage	35%
Unsafe Abortion	14%
Hypertension	11%
Infection	10%
HIV	7%
Obstructed labor	6%
Other causes	17%





# Unsafe Abortion as a Cause of Maternal Mortality

- 20 million unsafe abortions yearly
- 97% of unsafe abortions occur in poor countries
- ~50,000 women die from unsafe abortion yearly
- Millions of women injured
- Almost all of their pregnancies were unintended







# Unsafe Abortion and Maternal Mortality

- Leading cause of maternal deaths (10-30%) where safe abortion is not available
  - Africa, Latin America
- Simple, inexpensive technology for safe abortion and post-abortion care (e.g., MUA, misoprostol) widely available
- Usually eliminated as cause of death where abortion is legal or allowed safely





## Global Unintended Pregnancies

- 40% of pregnancies are unintended (80 mil/yr)
- 200 million women want better contraception
- 137 million have no access to contraception
- 64 million are using traditional methods





#### **Unmet Need for Abortion Care**

## Deaths among women subsequent to unintended pregnancy, 1995-2000

Due to unsafe abortion	400,000
Due to pregnancy, labor, delivery or other causes	300,000





## Public Funding for Birth in the US

48% of <u>all</u> births (up to 66% in some states)

65% of births from unintended pregnancies

36% of births from intended pregnancies





# Annual Public Cost of Unintended Pregnancies, USA, 2008

With publicly-funded contraception

\$12.5 billion

With NO publicly-funded contraception

\$25 billion





#### Access to Elective Abortion

- Michigan study before/after 1988 Medicaid abortion funding ban
- 2,120-5,800 additional births in 1991 to women who otherwise would have terminated pregnancy
  - \$ 6-7 million annual <u>savings</u> on abortion services
  - \$ 51-137 million federal and state <u>expenditures</u> for 5 years of services to the 1991 cohort
- Restricting abortion access
  - Will not compel "out-of-pocket" payment
  - Will force some women to birth





## ... If All Pregnancies Were Intended

- The single most effective step in <u>reducing</u> maternal mortality
- 45% reduction in births to unmarried women
- 31% reduction in unwanted births
- 90% reduction in births to teens





## 5 Steps to Reduce Maternal Mortality

#### From 2012 Global Health Policy Summit:

- 1. Make women's health a priority.
- 2. Select a few targeted interventions.
- 3. Ensure local ownership of implementation.
- 4. Innovate using current public and private assets for sustainability.
- 5. Monitor (measure results) to assure accountability.





# Seven interventions have decreased maternal mortality 25% to 75% in 11 countries reaching their millennium development goal.

They cost 0.1% of GDP.



